

Extreme Tumbling	<b>CURRENT CLASS SCHEDULE</b>	April 2022
965 Patrick Industrial Ct.	<b>**Stay Tuned to our Website for CLOSING DATES &amp; HOLIDAYS**</b>	
Winder, GA 30680	<b>REGISTER for classes, Schedule a payment and more online: <a href="http://extremegymwinder.com">extremegymwinder.com</a></b>	
Text US!! 678-910-2227	VIEW our MEMBER POLICIES PAGE on our website for PRICES & HOLIDAYS	

MONDAY CLASSES				
Time	Type	Class Name	Ages	Coach
4:30-5:15	Core	Handspringer	4-5 yrs	Bryнна
4:30-5:30	Core	Silver 2	10+ yrs	AJ
4:30-5:30	Core	Jr Advanced	6-10 yrs	Reagan
4:30-5:30	Core	Ninja Jr	4-6 yrs	McKenzie
5:00-7:00	AllStar	LEGEND T&T	8+	Katie/Tiff/Maddi
5:30-6:15	Core	Upsidedowner	3-4 yrs	Sarah
5:30-6:30	Core	Jr Tumble	5-9 yrs	AJ
5:30-6:30	Core	Jr Advanced	6-10 yrs	Reagan
5:30-6:30	Core	Ninja Kids	6-10 yrs	McKenzie
5:30-6:30	Core	Silver 1	10+ yrs	Bryнна
6:00-8:00	Elite	ALL STAR Training	8+ yrs	TIFF/REA
6:15-7:30	Elite	STUNTING L3+	10+	Jon/Maddi
6:15-7:15	Core	Jr Tumble	5-9 yrs	Sarah
6:30-7:15	Core	Handspringer	4-5 yrs	Bryнна
6:30-7:30	Core	Ninja Kids	6-10 yrs	McKenzie
6:30-7:30	Core	Gold 3	10+ yrs	Katie
6:00-8:00	AllStar	NATIONAL TEAM	LA-Inspire	AJ/LIZ
7:30-8:30	Elite	TRAMPOLINE TEAM	LA TEAM	Katie/Mckenzie
7:45-8:45	Focus	Krav Maga	18+	Gina

WEDNESDAY CLASSES				
Time	Type	Class Name	Ages	Coach
4:30-5:15	Core	Handspringer	4-5 yrs	AJ
4:30-5:30	Core	Ninja Jr	4-6 yrs	Sarah
4:30-5:30	Core	Jr Tumble	5-9 yrs	Bryнна
5:00-6:00	Core	Silver 1	10+ yrs	Reagan
5:00-7:00	AllStar	LEGEND T&T	8+	Katie/Maddi
5:30-6:15	Core	Parent & Tot	12mths-3yrs	AJ
5:30-6:15	Core	Handspringer	4-5 yrs	Bryнна
5:30-6:30	Elite	ALL STAR Training	12+ yrs	Tiffany
5:30-6:30	Core	Jr Advanced	6-10 yrs	Sarah
5:30-6:30	Core	XMA Jr	6-10 yrs	McKenzie
6:15-7:15	Core	Gymnastics 2	10+ yrs	AJ
6:30-7:15	Core	Handspringer	4-5 yrs	Bryнна
6:30-7:30	Core	Ninja Kids	6-10 yrs	McKenzie
6:30-7:30	Core	Gold 3	10+	Sarah
6:30-7:30	Elite	ALL STAR Training	4-9 yrs	Tiffany/Madi
7:15-8:15	Core	Jr Tumble	5-9 yrs	Reagan
7:15-8:15	Core	Silver 2	10+ yrs	AJ
7:30-8:30	Core	Adult Tumble	16+	Tiffany

TUESDAY CLASSES				
Time	Type	Class Name	Ages	Coach
4:30-5:30	Core	Jr Tumble	5-9 yrs	Sarah
4:30-5:30	Core	Silver 1	10+ yrs	Reagan
4:30-5:30	Core	XMA Jr	6-9 yrs	AJ
5:30-6:30	Elite	ALL STAR Training	6-12yrs	Tiffany
5:30-6:30	Core	Jr Tumble	6-9 yrs	Sarah
5:30-6:30	Core	Ninja Jr	4-6 yrs	Mck
5:30-6:30	Core	Twister T&T	6-12 yrs	Maddi
5:30-6:30	Core	Gold 3	10+ yrs	Reagan
5:30-6:30	Elite	Advanced 5	10+ yrs	Jonathan
5:30-6:15	Core	Upsidedowner	3-4 yrs	AJ
6:15-7:15	Core	Jr Advanced	6-10 yrs	AJ
6:30-7:30	Core	XMA Sr	10+ yrs	Mck
6:30-7:30	Core	Jr Advanced	6-10 yrs	Maddi
6:30-7:15	Core	Handspringer	4-5 yrs	Sarah
6:30-8:30	Allstar	NATIONAL TEAM	LA TEAM-Inte	LIZ/REA/TIFF
7:30-8:30	Core	Silver 1	10+ yrs	AJ

THURSDAY CLASSES				
Time	Type	Class Name	Ages	Coach
4:15-5:00	Core	Parent & Tot	12mths-3yrs	AJ
5:00-6:00	Core	Jr Advanced	6-10 yrs	Bryнна
5:15-6:15	Core	Jr Tumble	5-9 yrs	AJ
5:15-6:30	Elite	STUNTING L2	ELITE 6+	Jon/Maddi
5:30-6:15	Core	Upsidedowner	3-4 yrs	Sarah
5:30-6:30	Core	Silver 2	10+	Reagan
5:30-6:30	Core	Ninja Jr	4-6 yrs	McKenzie
6:30-8:30	AllStar	NATIONAL TEAM	LA TEAM-Intensity	LIZ, TIFF, KATI
6:00-7:00	Core	Gymnastics 1	6-10 yrs	Bryнна
6:15-7:00	Core	Handspringer	4-5 yrs	Sarah
6:30-7:30	Core	Jr Tumble	5-9 yrs	AJ
6:30-7:30	Core	Silver 1	10+ yrs	Reagan
6:30-7:30	Core	XMA Sr	10+ yrs	McKenzie
7:30-8:30	Core	Gold 3	10+ yrs	Katie
7:45-8:45	Focus	Krav Maga	18+ yrs	Gina

FRIDAY				
Time	Type	Class Name	Ages	Coach
6:00-8:00	AllStar	NATIONAL TEAM	LA-Inspire	AJ/TIFF

<b>CLASS TYPES:</b>
<i>Core: beginner classes, structured and fun, non competitive style</i>
<i>Elite: structured classes working towards competitive skills-prerequisite requirements</i>
<i>Focus: skill specific classes working on mastery of one skill-prerequisite requirements</i>
<i>AllStars: competitive teams offered for Cheerleading, Trampoline &amp; Power Tumbling</i>

**No OPEN GYM in APRIL**